



## Investment Summary for 2012

### Education & Empowerment

- **\*Boys & Girls Club Healthy Habits After-School Program:** Provides youth with an opportunity to play sports, increase nutrition knowledge and improve healthy behaviors.
- **\*City of Lynnwood Get Movin':** Expands a program that encourages families to be physically active during the summer.
- **\*City of Lynnwood Move 60 Teens:** Expands an after-school fitness and nutrition program targeting teens at 2 pilot Edmond School District middle schools.
- **\*Cities of Lynnwood, Edmonds, and Mountlake Terrace Swim Lessons:** Provides water safety and swimming skills lessons to Edmonds School District 3rd-grade students. The goal is to eventually reach all 1,400 3rd-graders.
- **Edmonds Community College Celebration of Food Festival:** Brings the community together to educate and connect residents around food and nutrition issues that impact their health and well-being.
- **Parent Trust Continuum of Family Support Services:** Provides parenting education and support, including support for parents in chemical dependency recovery.

### Prevention

- **American Red Cross Snohomish County Chapter CPR Saturday:** Free community event that provides CPR training in English & Spanish at the Lynnwood Convention Center.
- **\*Edmonds School District Move 60:** Provides a before- and after-school program, initially at 8 elementary schools, that promotes physical fitness and healthy nutrition. Funding also supports measurement for the collaboration through Fitnessgram, an evidence-based evaluation tool.
- **Edmonds Senior Center Enhanced Wellness Program:** Offers a motivational intervention program designed to reduce the impact of chronic health conditions in seniors.
- **\*City of Edmonds Summer Intensive Xfit Camp:** Provides an intensive, summer-long program for middle school students to adopt more active lifestyles, better nutritional choices and healthier habits.
- **Little Red School House Nurse Family Partnership:** Supports a home-visit program serving teen mothers. Young mothers are partnered with a nurse early in their pregnancies, and they receive ongoing home visits that continue through the child's second birthday.

### Access to Healthcare Services

- **Community Health Center of Snohomish County E.R. Diversion Project:** Reduce non-emergency visits to the Swedish/Edmonds E.R. by utilizing Community Health Center's new Edmonds clinic.
- **Puget Sound Christian Clinic, Edmonds Mobile Clinic:** Utilizes a mobile clinic and volunteers to provide preventative and primary care to uninsured residents of South Snohomish County.
- **Jeremiah Center:** Expands a counseling program for adolescents and their families that are uninsured or cannot afford typical counseling fees.
- **Project Access Northwest:** Links uninsured patients to donated medical and specialty healthcare.
- **Senior Services of Snohomish County Care Coordination Program:** Utilizes first responders to screen patients and connect them to resources when they are discharged from hospital or Emergency Department.

\*Programs are part of Creating Community Collaborations group focused on reducing childhood obesity.



## Investment Summary for 2012

	Priority Area				Primary Population Served	Funding
	Education & Empowerment	Prevention	Access to Healthcare	Policy & Advocacy		
1	Boys & Girls Clubs Healthy Habits Afterschool program	X	X		Children & Youth	\$111,939 per year, Sept. 2011-Sept. 2014
2	City of Edmonds Summer intensive Xfit Camp	X	X		Children & Youth	\$69,300 for one-year pilot, March 2012-Dec. 2012
3	City of Lynnwood Get Movin'	X			Children & Youth	\$52,250 per year, March 2012-Dec. 2014
4	City of Lynnwood Move 60: Teens!	X			Children & Youth	\$77,468 per year, Jan. 2012-Dec. 2014
5	City of Lynnwood, Edmonds, MLT 3rd grade swim lessons	X	X		Children & Youth	\$168,000 per year, Sept. 2011-Sept. 2014
6	Edmonds School District Move 60 program	X	X		Children & Youth	\$305,700 per year, Sept. 2011-Sept. 2014
7	Jeremiah Center Counseling Services			X	Children & Youth	\$62,400 for one year, Jan. 2012-Dec. 2012
8	American Red Cross CPR Saturday Event	X	X		Families	\$8,000 one-time, May 2012
9	Edmonds Community College Celebration of Food	X			Families	\$5,000 one-time, May 2012
10	Parent Trust Continuum of Family Support Services	X	X		Parents & Children	\$25,000 per year, March 2012-March 2014
11	Little Red School House Nurse Family Partnership	X	X	X	Parents & Children	\$264,000 per year, Jan. 2012-Dec. 2013
12	Edmonds Senior Center: Enhanced Wellness Program	X	X	X	Seniors	\$38,000 per year, Sept. 2011-Sept. 2014
13	Senior Services of Snohomish County Care Coordination Program	X	X	X	Seniors	\$140,000 in first year, Oct. 2011-Oct. 2013
14	Community Health Center Emergency Room Diversion	X	X	X	Uninsured	\$100,000 per year, Nov. 2011-Nov. 2014
15	Project Access Northwest			X	Uninsured	\$80,000 per year, Nov. 2011-Nov. 2014
16	Puget Sound Christian Clinic: Edmonds Mobile Medical Clinic			X	Uninsured	\$75,000 per year, March 2011-Dec. 2013
					<b>Total annual</b>	<b>\$1,582,057</b>